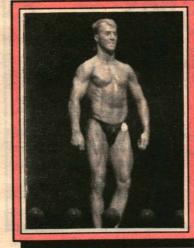
The Chisader

Published by the Associated Students of Northwest Nazarene College



BUFF STUFF!

Josh Wheeler takes third place at the Idaho Bodybuilding Championships FEATURES / PAGE 7

Volume 46

Nampa, Idaho

Number 12

Berg resigns from academic dean position

Interim dean will serve for 1992-93 school year

By D. M. Bomar Managing Editor

Dr. Dan Berg "will not be returning to the Office of Academic Dean" next year according to a letter he sent to faculty members last week.

According to the letter,
Berg "submitted a letter of resignation to President Wetmore
which he has accepted. The transition will take place during the
summer months."

Berg has served as NNC's Vice President for Academic Affairs for three years, beginning in the fall of 1989.

"Earlier this year, I began to have the impression that it would be wise for me to look at some options," Berg said on Monday. "In further conversations with the President (Wetmore), that impression was more and more confirmed."

In the process of exploring his options, Berg received "two very fine contract offers," he

Berg said Monday that he has accepted one of those offers, a position as academic dean at Western Evangelical Seminary in Portland.

An interim academic dean will replace Berg for the 1992-93 school year, President Wetmore said at a faculty meeting last week. Wetmore has not yet announced who will serve as the interim dean.

The search for a permanent academic dean will begin this fall, Wetmore said. He hopes to bring candidates to Nampa for a campus visit in early 1993 and make the final selection by next spring. The new dean will assume office in the summer of 1993

Berg said that "the past three years have been very difficult years, yet also very satisfying in some ways. I've received an intense education about the nature and business of education."

"This is the third time I'm leaving NNC," Berg said, "but I'm not slamming any doors."



Muddy Malibu skimboarders wash themselves clean in the spray of the firehose. (Photo by Brad Nelson)

Senate reestablishes Publications Board

By D. M. Bomar Managing Editor

The newly established ASNNC Publications Board met for the first time last Thursday.

"It went well," said ASNNC President Rosco Williamson, who chaired the meeting. "The members really picked up on things quick. This will be a successful experiment in government."

The twelve-member Publications Board was created by the ASNNC Senate earlier this term to oversee the operations of the Crusader and the Oasis, a duty which belonged to the Senate's four-member Campus Life Committee.

"The job of coordinating campus publications seemed better suited for a separate board of students who have a more indepth understanding of publications," said ASNNC Executive Vice President Jason Koglin. As a senator for the Class of 1994, Koglin voted in favor of establishing the Publications Board.

The membership of the Publications Board is comprised

See PUB BOARD on PAGE 2

North emphasizes "We, the people"

By Diana Nikkel News Editor

Encouraging citizens to become involved in the political process was the theme Lieutenant Colonel Oliver North emphasized last week when he spoke to a very receptive audience at NNC's Montgomery Fieldhouse.

North blasted the political establishment, charging that the government is not what the founders of our country intended it to be. He stated that our forefathers never would have imagined that "what we have in Washington is a permanent political aristocracy that rapes and pillages



North signs autographs after speaking to a responsive crowd in NNC's Montgomery Fieldhouse Tuesday, May 19. (Photo by Brad Nelson)

just as badly as imperial Britain did" in the 1700s. The politicians rule, he charged, with "the concept that the government knows better than we do."

North explained that what our forefathers envisioned was a government of the people, by the people, and for the people.

"What we have today," he continued, "is a government of, by and for the permanent politicians." Washington, North remarked, has become a retirement home for career politicians.

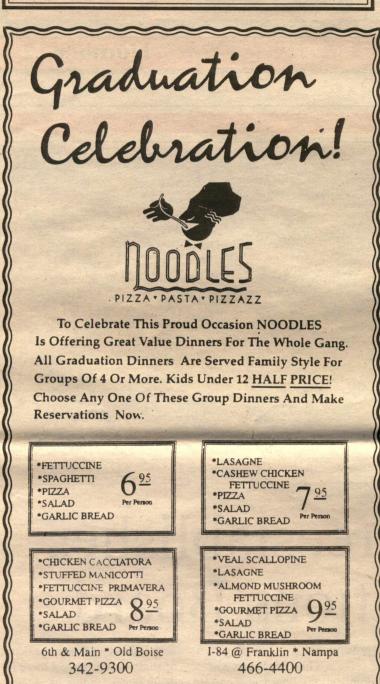
North encouraged his audience by proclaiming that there is a solution. The solution, North said, is written in the first three words of the preamble to the Constitution of the United States: We the people.

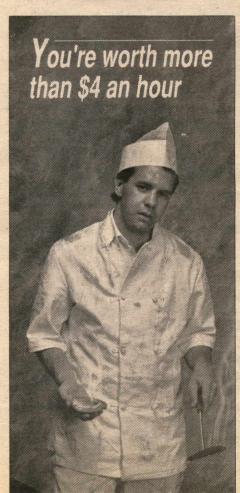
The preamble, North declared, is "an admonition, a charge to stewardship of this nation. We the people are the ones who are supposed to make a difference. We the people are supposed to govern in America."

The solution, he argued, "resides in every single American over the age of 18, whether they call themselves Republicans or Democrats." North admonished voters to find leaders of principle and send them off to

See NORTH on PAGE 2

NEW DONORS DONATE PLASMA \$1500\$ FOR YOUR INITIAL DONATION AT AMERICAN PLASMA 1021 Broadway Avenue Boise, Idaho 83706 Registered nurse on pr NORMAL DONOR FEE OF - F.D.A. Licensed \$8 plus \$7 NEW DONOR BONUS. YOU MUST - Bring Positive I.D. You must be 18 years of age PRESENT THIS COUPON TO GET THE BONUS. DONORS WHO HAVE NOT DONATED WITHIN THE LAST 30 DAYS WILL THE LAST 30 DAYS WILL Tuesday 10-7 RECEIVE A\$5 BONUS WITH 10-7 Wednesday THIS COUPON. Friday FREE AIDS TESTING





As a Northwestern Mutual Intern, your intelligence and productivity can literally pay off in a big way. Some of our college agents are making a five-figure income.

Our exciting internship program lets you sample a career in financial services-while you're still in school. Plus, you'll receive extensive training and gain marketable business experience to help you after you graduate.

Call to find out how you can increase your value. . . in more ways than one.

Northwestern Mutual Life* The Quiet Company*

Northwestern

ASNNC to sponsor textbook exchange

By Jorene Batali
ASNNC Executive Secretary

Beginning in the fall, ASNNC will be providing students with a book exchange to sell their textbooks to other students.

The last book exchange at NNC was in 1985. The project has resurfaced now due to the incredible need for students to find low-cost, used books from other students.

According to ASNNC president Rosco Williamson, "the book exchange will give students yet another way to save that precious money which always seems to be eaten up by textbooks."

Because of rising prices

at the bookstore, many students put up signs listing the books they have for sale and the books they need for the next term. Also, students have been frustrated over the low prices at which the textbook suppliers buy back the books. The book exchange will enable students to bring their books to ASNNC with the prices they want for the books.

According to ASNNC
Business Manager Jennie Cruce,
this project will be provided exclusive as a service to the students
of NNC. Students will not be
charged to bring their books to the
exchange and will receive all of
the money from the sale of their
books as well as any unsold books.

Books will be accepted during the first two or three days of each term. The sale will last through the first week of each term. Tables will be set up and the books will be grouped by subject (business, education, religion, science, etc.).

For students whose books are not sold at the book exchange, the buy-back company will still be on campus during the last two days of each term to purchase current edition text-books.

The book exchange will be sponsored by ASNNC and organized through the ASNNC business manager. Students should direct questions to Jennie Cruce.

North encourages people to get involved with government

NORTH

Continued from PAGE I

Washington to "represent the very best of what America is and should be."

However, North said, before Americans can change the make-up of government, it must overcome what North believes to be the number one problem in America today: apathy. North backed up his assertion by stating that voter turnout was less than 50% in the 1988 and 1990 national elections. "If we continue that trend, we deserve what we get because we the people are responsible," he said.

Northencouraged young people to get involved in the political process by becoming active members in the College Democrats or College Republicans organizations.

"If you're a young person," North urged, "think about actively engaging yourself in the

political process in either party and support those candidates in both parties that will espouse traditional family values and make America strong."

North reminded the audience that chipping away at the political establishment will not be an easy task. North illustrated this by saying that when Ronald Reagan was elected by a landslide in 1980, Reagan promised to do two things: reverse the tide of communism and reduce the role of government in people's lives. That Reagan managed to accomplish the first task but failed at the second, North explained, illustrates the fact "that the Soviets are an easier pushover than 535 members of Congress." North also joked, "Soviet dictators turn over sooner than Congressmen."

North also attacked the media and its role in the political process, calling the media "a pack of jackals." He charged that the media is not doing its job of informing the electorate, which is

essential to a democracy. Instead, the media involves itself in savage attacks and slanted reporting of the news. North described his response to the media by saying, "I read two things every morning: the Washington Post and this book (the Bible) so I know what both sides are up to."

North ended his town hall meeting by describing the role that Jesus Christ plays in his life

"I will tell you unashamedly that I came to know the Lord in a very personal way in 1978." North proclaimed that the most important thing he learned from his experiences is that "His grace is sufficient for no matter whatever happens to you."

North claimed, "I'm not trying to convert anybody to a particular religion. I don't believe God has a religious preference. I believe He just wants you to come to know him personally."

ASNNC Pub Board to manage affairs of Crusader and Oasis

PUB BOARD

Continued from PAGE I

of the ASNNC President, the ASNNC Executive Vice President, an administrator appointed by the college president, a faculty member selected by the faculty, and eight student representatives (two from each class) appointed by their class presidents.

The Publications Board has established two standing com mittees, the Editorial Committee and the Finance Committee. The Editorial Committee will deal with issues pertaining to the con-

Publications Board Members

CLASS OF 1992 John Fillmore, Brian Reckling

CLASS OF 1993 Denise Barber, Lisa Van Schyndel

> CLASS OF 1994 Marcy Adams, Derek Huit

CLASS OF 1995 Sarah Pemberton, Laurei Schroeder

tent of the publications and the Finance Committee will oversee the business activities of the publications

Publications Board members spent Thursday evening considering the structure and membership of the board.

"We need to get an entire constitution written," said Williamson, "as well as write guidelines for the publications." Williamson said that he and other members may draft a working constitution and guidelines this summer. These documents will be submitted to the entire board for revisions next fall.

The Publications Board will meet again this Thursday to vote on publishers' bids for the

The Crusader

Weekly Edition

Published by the Associated Students of Northwest Nazarene College

D. M. Bomar Managing Editor John Nordstrom

Naomi Brown and Diana Nikkel

Production Editor

Assistant Editors

Paul Register
Operations Manager
Amy Lancaster
Features Editor

Jennie Cruce
Business Manager
Angela Plies
News Editor

Matt Johnson Cover Story Editor Jim Seaney Sports Editor

Dr. Steve Shaw, Faculty Advisor

The Crusader is published on alternate weeks and available free of charge to the Northwest Nazarene College community. Mailed subscriptions are distributed at a rate of \$4.00 per academic quarter. The Crusader is printed on recyclable newsprint.

NNC Box C Nampa, Idaho 83686 (208) 467-8656

New staff plans BIG changes

The familiar staff box (above) is a little different today. Go ahead . . . look at it. We'll wait.

Did you figure it out?

Everything is pretty much the same as it has been for the last eleven issues, except that the names are different. "The Tonight Show" switched staffs, and so did The Crusader. And with the new staff will come some big changes.

BIG CHANGE NUMBER ONE: The Crusader goes weekly. In order to keep our readers more aware of events and issues pertinent to the NNC campus community, we are committing ourselves to a weekly edition. You will find the weekly Crusader waiting for you about lunchtime each and every Tuesday.

BIG CHANGE NUMBER TWO: The Crusader goes twelve pages. Not only will we come out more frequently, but we will come out

thicker,

with

more in-depth stories. Each issue's centerfold will contain a cover story, ranging from thoughtful essays on current issues to close-up interviews with campus figures to investigative reports on the state of the college. And just like always, we will bring you campus news, opinions, features, and sports.

BIG CHANGE NUMBER THREE: The Crusader changes shape and style. The new Crusader is squaring its pages to fit a newsmagazine style. Cover photos and illustrations will introduce the cover story and a new layout will make The Crusader easier to follow from story to story to story.

BIG CHANGE NUMBER FOUR: The Crusader rearranges its office. Come on up and take a look at what we've done to the place. We'd like to meet you and hear your ideas for your paper. We're located upstairs in the student center, first door on the left

Have a great summer!

Editorial Policy

The purpose of The Crusader is to proivde coverage of news events pertinent to or of interest to the Northwest Nazarene College community, as well as interpretive and critical commentary on events, issues, ideas, institutions, and policies.

As an open forum of the Associated Students of Northwest Nazarene College, The Crusader may facilitate the expression of opinions that do not necessarily reflect those of The Crusader's staff, the ASNNC government, Northwest Nazarene College, or the Church of the Nazarene.

The opinion: of this paper are reached in debates of The Crusader's seven-member editorial board. The Crusader is published by the Associated Students of Northwest Nazarene College under the everwatchful eye of the ASNNC Publications Board.

Hearing half truths from religious mouths

By James Thompson Guest Editorial

This article is not about happy things. Nevertheless, I feel that I must write about this subject. This article is about honesty in Christian leadership.

There is a religion professor at this school who wrote an article on women and the Church. In the article he claimed that the Bible approves of women in leadership positions in the Church. It is not his position that I disagree with. In fact, I would like to see more female preachers and leaders. What I am totally appalled with is the method by which he goes about supporting this position

In his article, he first claimed that the verses written by Paul (those which state that women should be silent in Church, and not have positions of authority over men) didn't really mean what it looked like they meant. He then went on to combine several Bible verses about completely different topics into one verse until it read the way he wanted it

This method of proving a point is not only awe-inspiring in its lack of reason (after all you can make the Bible say anything you want if you do this), but it is also unethical and completely immoral. This same professor had the gall to stand up in Chapel, while introducing a female pastor, and talk about how the Nazarene church was a bastion of women's rights--the same Nazarene church which boasts less than 1% female preachers; the same Nazarene church which sponsors NNC, a school that has never in its history had a female president, currently has no female in its top five administrative positions, and has an extremely anemic representation of women on its Board of Regents.

We might expect this web of lies and half truths from a dirty politician, but from a religion professor and former pastor?

The professor is not alone in this lack of honesty. I happen to know of at least two times when the NNC administration has flat out lied to the student body. Once, the administration

claimed that the track program was not under consideration for being cut when students were on a committee which was considering just that.

A second example of dishonesty is when the administration stated that it was implementing the change in basketball seating because students were too close to the floor for safety. On the contrary, the administration is changing the seating because it can earn a great deal of money for the basketball program by selling those seats to the highest bidder.

These are, of course, just the lies which I know about-there are probably many others. It just does not seem right, folks. Honesty is such a basic trait of a good person. Shouldn't we expect it from our religious leaders?

I guess the moral of this story is that even if you would like to (and who would not?), you should never believe what you hear from our religious leaders until you have looked at it extremely closely. Otherwise you'll be living in a life based on the sand of deception and half truth, sad but true.



L. A. First Church and the Banana River viewing stand

Northwest Nazarene College graduates often find themselves on the cutting edge of what is happening in our world.

On Thursday evening,

May 7, 1992, I stood with Darrell Marks and former students from NNC as we watched the orbiter

Endeavour move quickly into the sky from its raged is launching pad at the Kennedy Space Center in Wendy Florida. A never-to-be-forgotten sight.

Jim and Cheryl Zimbel man, who graduated from NNC in the 1970s, were there. Jim is a Ph.D. geologist with the Smithsonian Institute that is involved in research on the planet Mars in preparation for space travel to that planet. Mark and Micki Kasinger, NNC grads from the early 80s, were there. Mark has served NASA at the Johnson

Emerson 102

By Dr. Gordon Wetmore

Space Center, in Houston, Texas, and is now with an intelligence office in Washington, D.C. He couldn't tell me what he is doing because it is classified informa-

tion. I felt privileged to be in that company.

A few days prior, the destructive riots raged in Los Angeles not far from where Jeff and Wendy Carr, who graduated from NNC in the mid-1980s, serve Los Angeles First Church of the Nazarene and the Bresee Institute. They have been and will be vitally involved in the healing of the situation.

In my opinion, this kind of direct involvement will continue for our NNC graduates. This is an amazing and a wonderful day to be prepared at a Christian institution of higher learning.

NNC students get wild at Malibu

By Wendy White Senior Staff Writer

"Let's get wild" was the theme for this year's Malibu Mania. The NNC campus was truly wild this last weekend.

Malibu started out on Friday, May 22, with the variety show. As students stood in line waiting to get into the show, they had the opportunity to dunk Brian Locke in the dunking booth. Dana Erdman got a free chance to dunk Locke when she took him by surprise and pushed the target when he was not looking.

The cheerleaders sponsored the dunking booth in order to raise money to pay off their debt to NNC for the Texas trip, said Ted Daniels, Social Vice President.

Ryan Pitts and Pete Brumbaugh hosted this year's Malibu show. Despite the fact that the paper palm trees and waves were falling from the wall, Pete and Ryan dazzled the crowd with their take-off skits from "Saturday Night Live."

"Ryan and I came into the show with a few objectives," Pete said. "Because their was a yogurt bar after the show we wanted a shorter program. We also wanted a quality program with quick transitions. I felt like we met our objectives."

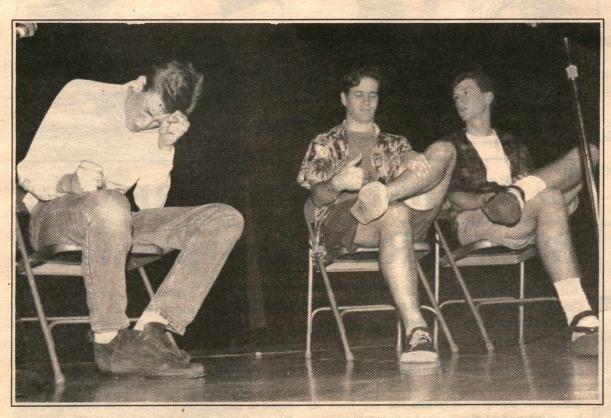
As for as student skits, rapping seemed to be an overall theme. Amid the rapping puppets and the rapping grumpy old man, was Marriott's own hot wraps. The hot wraps featured homeboys Dick White, Justin Hart, and Herb Stout with the women of Marriott on backup kitchen utensils. The hot wraps sang and danced (whoops!) to Hammer's "2 Legit 2 Quit." A guest appearance was made by M.C. Gordon Wetmore who told Mr. White and the Marriott gang "you really are 2 Legit 2 Quit."

Students also witnessed several physical challenges in the skit entitled "Special Friends." Dirk Tiller and John Sellards comically proved that with the "eye of the tiger" they can overcome their physical challenges. Dirk proved his athletic prowess by swing-









TOP: Steve Garwick pulls a headstand on his trick skimboard.

MIDDLE LEFT: John Moyes and John Sellards demonstrate to Daryl Grauberger that they really are "special friends" at the Malibu Variety Show.

MIDDLE RIGHT: Sam Fowler and Kristi Calman team up in the Malibu Sand Volleyball Tournament.

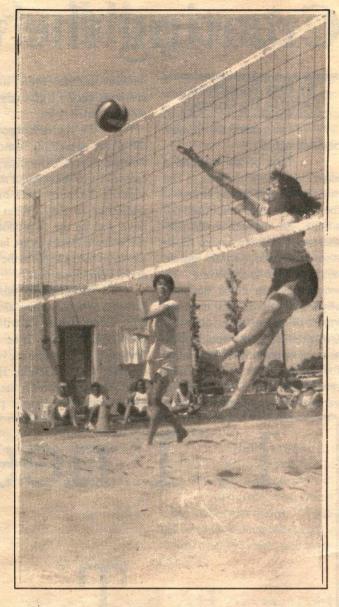
BOTTOM LEFT: Lee Bottemiller has a little bit of difficult hosting a talk show when Pete Brumbaugh and Ryan Pitts show up as guests.

BOTTOM RIGHT: Gil Harris returns again (for the fourth time!) as the Grumpy Old Man. "And that's the way it was. And we like it! We loved it!"









TOP: The weather was perfect last weekend for students to soak up the summer sun while they watched Malibu events.

RIGHT: Brenda Naccarato puts a lot of energy into her spike while teammate Kristi Pickens stands around and does absolutely nothing.

BOTTOM: Lane Bottemiller tests his skill on the Slip-n-Slide, one of this year's new Malibu events.

ALL PHOTOS BY BRAD NELSON

ing from the monkey bars with his teeth, and John showed off his ninja abilities as he beat off an attacker.

Saturday was filled with the usual Malibu events: skim boarding, mud wrestling, buck buck, and tug o'war. Also Ted Daniels added some new events this year: the water balloon toss, slip and slide, and block ice melting.

The fun was postponed for a moment when sophomore Brenda Bentley hurt her knee playing buck buck. "I was rocking to get the people off my back when my knee snapped," she said. "They (the doctors) aren't sure what's wrong with it. I have to go and see a specialist." For the meantime, there will be no more buck buck for Brenda: she is on crutches.

After the paramedics took Brenda to the hospital, Sara Leis and Vonnie Baker were crowned the women's stunt champions for skim boarding, and Steve Garwick won for the men. "The stunt was a breath taking adventure," said Baker. "I got lots of bruises, but they were worth it all." In all actuality, the bruises and other pains were worth a free malibu tank top.

All of the activities ended with an outdoor malibu dinner, the movie "The Rocketeer," and the infamous Malibu Mania slide show.

Overall, Daniels and others rate this year's Malibu a success. "It was very fun," said sophomore Jennifer Gray.

"I really enjoyed myself, and it seemed like students were too," Daniels said, "It seemed like everyone was relaxing--that's what I wanted it to be like before finals."

However, Ted does not want to take all the credit for this year's fun. "I want to thank everybody who helped, especially Environmental Services and Andy Lockhart for his help with the slides."

CRUSADER COMICS

Calvin and Hobbes







by Bill Watterson



by Bill Watterson

Calvin and Hobbes







THIS STORY YOU WROTE UM. A+. SHE AND THE ILLUSTRATION IS ABOUT ME TRYING TO YOU DREW THE THREE WROTE, " VERY GET OUT OF WRITING OF ME FIGHTING! I THE STORY! YOU MADE WAS THE LAUGHING-STOCK OF THE WHOLE MY TIME TRAVELING SOUND LIKE LUNACY!

Creating the ultimate baseball player

By Bret Skagerberg Special to The Crusader

Let's create the ultimate baseball player.

First of all, to build a team, you have to start in the middle. The shortstop is one of the toughest, most important positions. So our man would play shortstop. Although most shortstops are exceptionally quick, range is what is important. He would have as much range as anybody, due to his uncanny knack of defensive positioning. Our ultimate player would create as many opportunities as possible for himself, yet still set such records as consecutive errorless games, and consecutive chances

without an error. Pretty impressive stats, but we'll give this shortstop an added twist.

We'll give him power at the plate, something almost all shortstops lack. His hitting prowess will be so spectacular that the records he sets will be too numorous to list. What we'll have will be the first shortshop since Ernie Banks in the late fifties to be both a terror at the plate, and a gem in the field.

We better give this guy a little bit of consistency, also. Or a lot. Scratch that. He will be so consistent that he will be called Ironman, a nickname previously reserved for Lou Gehrig. He will hold what is reportedly the longest consecutive innings played

He will make the first real attempt at breaking Gehrig's seemingly unsurpassable streak of 2,130 consecutive games played.

OK. Physically, we've created a baseball god. But our ultimate player must also be mentally on top of his game. The baseball instincts will be inbred from years and years of living and breathing baseball. With a father involved as a coach with the hometown team, our player will have grown up with heroes as "pals," guys like Brooks Robinson and Mark Belanger. His mental alertness will be aided by avoidance of alcohol and drugs. Even when awarded the Most Valuable Player Trophy, he'll

streak in major league history. toast his selection with a glass of

Now, you may be thinking, "Sure, to create a player like this would be great." True, we cannot create players like this. So, when once in a great while one comes along, we just need to stand back and say, "Wow."

Cal Ripken, Jr.

To many baseball fans, especially those in the west, that name belongs to someone far away--someone whose place in the wonderful world of baseball is on the outskirts. There are other more prominent names floating around: 40-40 man Jose Canseco, Pittsburgh's Killer B's, Roger Clemens, Don Mattingly. What does Ripken have to offer to the

game of baseball that these other guys don't have? Ripken lacks flash, lacks controversy. He doesn't rip his teammates in the papers, or refuse to cut his hair. He doesn't date Madonna. He doesn't even cuss out umpires. OK--one time he cussed out an umpire who then ejected Ripken, but commented later, "I hated throwing him out. It was like throwing God out of Sunday School.'

Cal Ripken, Jr., gives to the game of baseball dignity, and gives respect. In days of contract disputes and holdouts, Ripken only makes headlines for his play. When the Orioles gave Glenn Davis (who?) a contract worth \$100,000 more than Ripken's, instead of complaining, Ripken kept quiet, and even invited Davis to his home for a pre-season workout. Is this guy for real?

Yes, and here are just a few accomplishments: 1982 Rookie of the Year, 1983 MVP for the World Champion Orioles, has started in eight straight All-Star games, winning the All-Star MVP award for 1991, as well as the 1991 American League MVP, a Golden Glove, a Silver Slugger award, plus much more.

So what is the secret of Ripken's success? Obviously, he has natural ability. But his love of baseball, and the joy he gains from playing is so legitimate that he can't not succeed.

People are noticing Cal Ripken, Jr. You can't ignore consistency, even quiet consistency. He has develop himself into the ultimate baseball player. It's time for us to give him the recognition he deserves. It's time for us to stand back, watch in amazement, and just say "Wow."

NNC hires aquatics director

NNC announced earlier this month the hiring of Pat Malloy as a professor in the HPER department and director of the aquatics program.

Malloy, from Olympia, Washington, has 25 years of teaching and coaching in aquatics. She is a Water Safety Instructor Trainer and Lifeguard Training Instructor for the Red Cross.

Malloy has been a recreation supervisor and aquatics director for the City of Lacey Parks and Recreation Department for the past nine years. She received the "Washington Recreation and Park Association Award for Outstanding Service to the Aquatic Profession in the State of Washington" for 1991.

Malloy is also a Professional White Water River Guide and has worked for Wildwater Tours since 1989. She received her Masters of Education degree from Bowling Green University.

1. I need a loan.

If The Toughest Question You're Facing Today Is Whether Your Wallet Can Make It Through School, We Have Three Answers:

1. The Stafford

(formerly GSL)

(Parent Loan for Undergraduate Students)

3. SLS

(Supplemental Loan for Students)

Security

Bank

Currently Giving 110%.

Member F.D.I.C.

At First Security Bank, you'll find all three. More importantly, you'll find a friendly First Security Financial Sales Representative nearby who can walk you First

through the differences.

Just stop by any of our 86 Idaho locations. We'll process

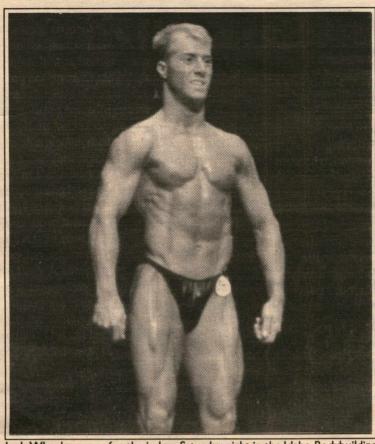
your completed loan application in as little as 5-7 days.* Then, if you want to check on your balance or loan status, call our toll-free

hot line at 1-(800)-343-6241. At First Security Bank,

getting a loan might be easier than you think.

* Does not include government loan processing time.

Wheeler ranks #3 at state bodybuilding contest



Josh Wheeler poses for the judges Saturday night in the Idaho Bodybuilding Championships. (Photo by Amy Lancaster)

By Amy Lancaster Features Editor

Working out six days a week for the last six years paid off for NNC sophomore Josh Wheeler Saturday evening when he captured the third place title in the Idaho State Body Building Championships.

Wheeler's work as as a gymnast in junior high school gave him a firm foundation. He began body building his freshman year of high school because of football. After football season was over, Wheeler needed motivation to keep working out, so he began power lifting.

Eight weeks ago, all fat and sugar were cut out of Wheeler's diet. His meals were reduced to egg whites, grapefruit, bananas, and lots of salad.

"There's not a lot of variation in SAGA," Wheeler said, but "they really worked with me."

Wheeler's typical day began at 6:00 a.m., when he rode his bike to Iron Works Gym to tan. Then he came back to school for class. After class, it was back on his bike to Iron Works where Wheeler worked out in the afternoon. After dinner, he practiced his routine with the help of Eric Dunne, the trainer at Iron Works. Doyle Collines, Iron Works' owner, was also a big help, Wheeler said.

This busy schedule was hard for Wheeler's girlfriend, Heidi Bless. "She stressed out a lot, but she really supported me," Wheeler said.

His parents were also a big support. They came to Nampa from Milwaukie, Oregon, last weekend to see him compete.

Wheeler said his parents were reluctant about his competing at first because of body building's association with steroids. They were also afraid he would get skin cancer from spending so much time in the tanning bed.

In spite of their fears, Wheeler's parents were proud of him. "My dad even snuck in a video camera," said Wheeler. On Saturday morning, Wheeler weighed in at 160 pounds. He competed in the junior division which began that morning with pre-judging at Captial High School in Boise.

"Eric sprayed me with Pam cooking oil to make my muscles shiny. We also painted ourselves with about four layers of Pro Tan," Wheeler said, adding that he started using Pro Tan last Wednesday and had been unable to shower since then.

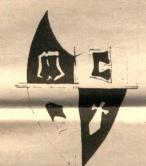
After a restful afternoon Saturday, Wheeler returned to Capitol High School Auditorium for the evening's competition. He was required to perform mandatory flexes with the junior division and a routine of his choice.

Was Wheeler's endless work worth it?

"Yeah, it was worth it. I loved it." Not only that, but he has a third place trophy to prove it.

"There's one more thing," Wheeler added. "I also had a medium deep dish pizza to myself after the show, and it was GOOD!"

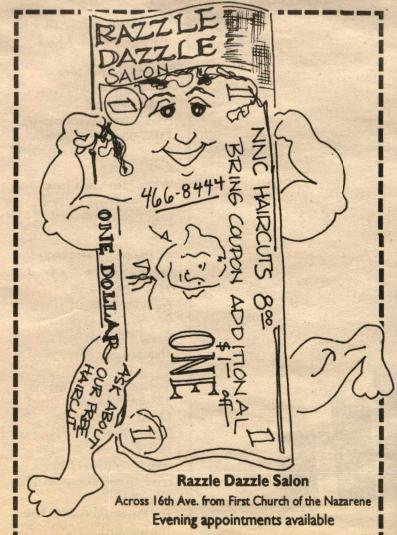
Nampa Christian Book & Supply



- *TAPES
- *CD'S
- *BOOKS
- *GIFTS
- *T-SHIRTS

10% Off With Student ID
For the perfect gift, drop in and see us!

517 12th Ave. Nampa, ID 83686 467-9400 In the IGA Shopping Center



Northwesterners plan send-off concert



The 1991-92 Northwesterners. (Photo by Arnie Ytreeide)

Thorne
PRINTING
& OFFICE SUPPLY, INC.

- Stationery
- Complete Office Supplies
- Rubber Stamps
- One Hour Film Developing
- Typesetting
- · Copies While You Wait

623 - 12th AVENUE ROAD . NAMPA, IDAHO . (208) 466-2682/345-4611

The Northwesterners will present their final on-campus concert of the school year on Saturday evening, June 6, at 8:00 p.m. The concert, which will take place in the Emerson Administration Building auditorium, is being billed as a "sendoff concert" for the choir's upcoming 18-day tour to the British Isles.

The 21-voice Northwesterners, directed by Professor Barry Swanson, will depart on June 10 for London, where they will begin a tour that will take them from Bournemouth, on the southern coast of England, through Wales to Glasgow and Edinburgh, Scotland, and back through northern and central England to London. They will sing 14 concerts in Nazarene, Methodist, and Anglican churches.

The June 6 concert will feature both sacred and secular selections, most from the English choral tradition. These include the Renaissance motets "O Nata Lux" and "If Ye Love Me Keep My Commandments," and a selection of English madrigals, including "Phyllis Is My Only Joy" and "My Bonnie Lass She Smelleth."

The concert will also include selections from the Northwesterners' sacred concert which as been presented in 12 churches across the Pacific Northwest this spring. The concert will conclude with the perennial favorite, "Country Dances," a turbotempoed romp through more than a dozen American folk songs, written by Ward Swingle for the Swingle Singers, and an acappella setting of the Irish blessing, "May The Road Rise To Meet You."

Tickets for the concert are \$5.00, available from the music department office by calling 467-8413, or from the NNC bookstore.

MUSICIANS HANDBOOK '92



Take the
First Step to
Getting Signed....

CONTACT



Major Record Labels, Publishers, Clubs, Promoters, Managers, Studios, Distributors, Nationwide

Send \$35.00 (check or money order) to:

A & R RECORD GUIDE

P.O. Box 88415 Los Angeles, CA 90009

"Far And Away" paints Irish epic masterpiece

By Ryan Pitts and Matt Johnson Special to The Crusader

"Far And Away" is exactly the kind of movie its title suggests: an epic. The story of a working class Irishman (Tom Cruise) and the spoiled daughter (Nicole Kidman) of an Irish landowner, "Far And Away" stirs the emotions like no other film in recent memory.

When Joseph (Cruise) attempts to avenge his father's death upon the hated Mr. Christy, he has no intentions of running off with Christy's fiery daughter, Shannon (Kidman). But her stories of free land in America send the pair on a journey in which the audience runs the gamut of human feelings right along with the young runaways.

The producers of this movie did everything possible to keep authenticity at the highest level. They hired a coach to help with the Irish dialects, and the scenery, social interaction, and fashion are all very 19th century. And it is this authenticity that completes what so many other movies fail to achieve: "Far And Away" totally enthralls the moviegoer and does not allow for passive viewing.

Not enough can be said about the acting. Tom Cruise does

such a fine job that one really forgets his identity. He very much escapes the "Maverick" image he hasn't been able to shake since "Top Gun." Nicole Kidman presents an equally beautiful portrayal (and as a sidenote, she looks *incredible* when she's angry!). The supporting cast doesn't miss a beat and offers an interesting panorama of the time period.

Yes, this movie is worth your five bucks, perhaps more. When you go to see "Far And Away," consider tipping your theater of choice for bringing to you one of the films that captures all the passion and beauty you could ever ask for.

On Screen

Local Showtimes:

Karcher Reel Theater
467-2231 / \$1.50 all times;
\$1 on Tuesdays
The Hand That Rocks The
Cradle (R)--7:00, 9:20
Beauty and the Beast (G)-3:00, 5:00
Sleepwalkers (R)-- 5:30, 9:45
Medicine Man (PG-13)--3:20,

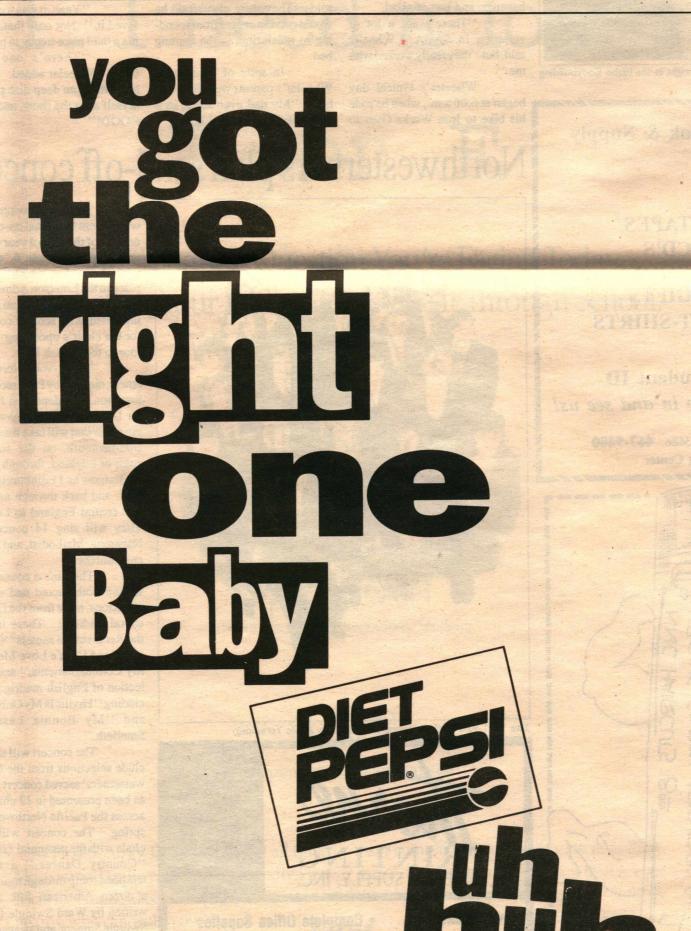
Frontier Theater
467-7469 / Free w/ \$2
snack purchase; \$1 w/o
Memoirs of an Invisible Man
(PG-13)--7:00
Ladybugs (PG)--8:30

Nampa Cinemas 465-4957 / \$4.50; \$2.25 on Tuesdays Far and Away (PG-13)--7:00, 9:50 Lethal Weapon 3 (R)--7:30, 10:00 Encino Man (PG)--7:20, 9:30 Alien 3 (R)--7:10, 7:55, 9:40

Linden 3 Theaters
454-8687 / \$5.00;
\$2.50 before 5:30
Fried Green Tomatoes (PG-13)--7:00, 9:30
Straight Talk (PG-13)--7:15, 9:40
White Men Can't Jump (R)--7:30
Basic Instinct (R)--9:45

5 Mile Plaza Midnight Movies (Fri. & Sat.) 376-5001 / \$3.50 Encino Man (PG) Wayne's World (PG-13) Straight Talk (PG) Thunderheart (R)

Towne Square Cinemas 323-0430 / \$5.50 \$3 on Tuesdays Far And Away (PG-13) -- 6:00, 7:00, 8:45, 9:45 Fern Gully (G) -- 7:20 Fried Green Tomatoes (PG-13) -- 9:10 The Player (R) -- 7:10, 9:50 The Cutting Edge (PG) -- 7:15 Where Angels Fear To Tread (PG) -- 9:30



Bottled by Nagel Beverage — Boise, an Idaho-owned company.